

Within Amsterdam

- Police
Emergency : 112
Non-emergent: 0900 8844
- GGD Amsterdam
<https://www.ggd.amsterdam.nl/english/>
- Sexual Assault Center (CSG):
Hotline: 0800-0188
<https://www.centrumseksueelgeweld.nl/csg-amsterdam-amstelland/>
(Amsterdam specific location)
for overall information in English:
<https://www.centrumseksueelgeweld.nl/csg-en/>
- Suicide Prevention:
<https://www.113.nl/> (there's a chat option online if prefer writing to calling)
<https://www.113.nl/english>
Hotline : 0900 – 0113 (available 24/7)
- Alcohol & drug abuse:
<https://www.jellinek.nl/english/> (or direct directly to the “contact” info tab of the website? <https://www.jellinek.nl/contact/jellinek-amsterdam-jacob-obrechtstraat/>)
- Domestic violence, abuse of children/elderly (Veilig Thuis)
Hotline: 0800-2000 (available 24/7)
<https://www.020veiligthuis.nl/english/>
- Anti-Discrimination Bureau (Meldpunt Discriminatie Regio Amsterdam)
<https://mdra.nl/en/>
020 638 55 51

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Within the Netherlands

- National Discrimination Hotline:
0900 235 4354 (costs 0,10 cents per minute)
Find your nearby anti-discrimination bureau:
<https://discriminatie.nl/#/organisaties/adressen-antidiscriminatiebureaus>
- Alcohol & drug abuse (Jellinek):
<https://www.jellinek.nl/contact/overzicht-locaties/>
- Sexual Assault Center (CSG):
<https://www.centrumseksueelgeweld.nl/csg-en/>